

TOP TIPS:

- Invitations from people we support.
- Floaters who can spend time with people 1 - 1 who have concerns.
- Use of art and visual approaches to engage people we support.
- Keep it moving
- Having a low arousal "chill out" area.
- Being creative in designing self- assessment activities.
- Matching facilitator skills to groups.
- Spend time carefully planning self-assessment events.
- Involve people you support in planning events.
- Visual recording photos/film.
- Clear feedback on action taken to respond to concerns (quick wins).
- Peer review process between organisations.
- Keep it simple, keep it real.